

Berwick Neighbourhood Centre

TERM 2

2024

MON 15 APRIL -  
FRI 28 JUNE



*Community is about doing something together that makes belonging matter.*

### We offer our Berwick Community:



Health and Wellbeing Groups



Support Groups



Children's Services



Activities for the Mature Adult



Shared Interest Groups



Hall & Room Hire



Community Garden



Facilitated Playgroups

### OUR VENUES

#### Timbarra

27 Parkhill Dr, Berwick

Tel: 03-9704 1863

Email: [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

Mon & Wed - 9am - 2pm

Tues & Thurs - 9.30am - 2.30pm

Friday - 9am - 12pm

#### High Street (Children's Services)

112 High St, Berwick

Tel: 03-9796 1970

Email: [childrenservices@berwicknc.com.au](mailto:childrenservices@berwicknc.com.au)

Mon-Thurs - 9am - 3pm

Fri - Closed

#### High Street (Seniors Building)

112 High St, Berwick

Tel: 03-9704 1863

Email: [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

Website: [www.berwickneighbourhoodcentre.com](http://www.berwickneighbourhoodcentre.com)



Berwick Neighbourhood Centre

**Centre Closures: Thurs 25 April ANZAC Day & Mon 10 June King's Birthday**



## Berwick Neighbourhood Centre Information

The Berwick Neighbourhood Centre is a **Not for Profit organisation** whose aim is to provide a safe, inclusive welcoming space for all community members to engage in a range of activities/services that enable learning opportunities, support and connections with others in our diverse and ever changing community. We look forward to you becoming part of our Berwick community.

There is an **Annual Membership fee of \$10**

**Please note:** All details in this term program were correct at the time of printing. The Centre reserves the right to change times, dates and fees when necessary. Updates of our program can be seen via our Facebook and our website. Our centre operates in accordance with the current government health guidelines and reserves the right to cancel or transition to online programs if required to do so.



The Berwick Neighbourhood Centre acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

*The Berwick Neighbourhood Centre is committed to providing a child safe environment*

### Centre Office Hours:

**High Street** - Monday – Thursday 9am-3pm Fri – Office Closed

**Timbarra** – Monday & Wednesday 9am-2pm

Tuesday & Thursday 9.30am-2.30pm

Friday – 9am-12pm

Call: Timbarra Venue 9704 1863 or 112 High Street 9796 1970

email: [Admin@berwicknc.com.au](mailto:Admin@berwicknc.com.au)



Neighbourhood Houses Victoria



The Berwick Neighbourhood Centre is proudly supported by the Beaconsfield District Branch of Bendigo



# Term 2 Workshops & Events <sup>(1)</sup>

## Centre Committee Meetings

Our community run committee welcomes members to attend our meetings which give an overview of the operation of the centre and planning for upcoming events. Meetings during this term are on the following days:

**Thursday 18<sup>th</sup> April 2024**

**Thursday 2<sup>nd</sup> May 2024**

**Times:** 9.30am to approx. 10.30am

**Place:** Timbarra Hall



## Mother's Day High Tea

After last year's success, the Berwick Neighbourhood Centre, in conjunction with the amazing talents of the Berwick branch of the CWA is holding another High tea. This time we are celebrating Mother's Day.

Enjoy great company and some delicious food, along with a presentation by the engaging Diana. It will be a morning not to be missed.



All mothers, stepmothers, new mothers, chosen mothers, grandmothers, single mothers, pet mothers, foster mothers, adoptive mothers, great-grandmothers, grieving mothers, for those missing their mothers, for those longing to be mothers, for those with strained relationships with their mothers – YOU ARE ALL WELCOME.

**Date:** Thursday 9 May 2024

**Time:** 11am

**Cost:** \$40 per person **More info:** [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Garden Workshops in Term 2

### Garden Tour & Talk at Wilson Botanical Park

Join the Wilson Botanical Park team as they guide and discuss amazing aspects of this beautiful park. A great event for any interested gardener or anyone who would like to know more about the plants and the care that goes into the park.

**Where:** Wilson Botanic Park, 668 Princes Highway, Berwick

**Date:** TBA

**Time:** TBA

### What's needed in your Autumn/Winter Garden?

Explore what you need to assist your garden in these cooler months and how preparations now can help you in the future. Check out ways to remove pests and get your harvests flourishing and your flowers blooming.

**Where:** Berwick Community Garden located next to the Timbarra Hall

**Date:** Tuesday 23 May 2024

**Time:** 9.15am – 10am

*Numbers are limited. **Bookings essential** call **9704 1863** to secure your spot.*

## Saturday Papercraft with Elizabeth

This 2-hour card-making class will concentrate on teaching a range of foundation papercraft skills in detail while using quality products to create beautiful projects. Each class will explore a new technique and/or explore a new product. Participants will get to enjoy high-class Stampin' Up products with no obligation to make a purchase.

**BYO a basic craft kit including scissors, glue (preferably fine-tipped), double-sided tape or a tape runner. You may also wish to include a bone folder, glue stick, ruler and pencil.**

**When:** Saturday 25<sup>th</sup> May and Saturday 29<sup>th</sup> June

**Time:** 1pm – 3pm

**Where:** Timbarra Multipurpose room

**Cost:** \$25 including materials and a light morning tea

**Get in early! Classes will have a maximum of 8 participants to ensure everyone receives comprehensive instruction and has time to fully develop each skill.**

**Bookings are essential.**

**Please book with Elizabeth Wheat by text or phone at 0481 004 189 or by email- [passionforpapercraft@outlook.com.au](mailto:passionforpapercraft@outlook.com.au)**

## Wine & Cheese Night

The CWA will be holding a Wine & Cheese night on Friday 14<sup>th</sup> of June 2024. More details to come soon, so stay tuned to our social media and noticeboards at the centre.



## Meal Prep Talk with Diana

Do you find you get to the end of the day and just can't be bothered preparing a meal because there is just too much to organise? Why not come and join Diana, a local nutritionist, as she offers some tips and tricks on meal preparation. Take with you the skills that will assist you to make the meals you've been dreaming of.



When: Thursday 6<sup>th</sup> June 2024  
Where: Timbarra Community Hall  
Time: 10am to 12pm

Bookings are **ESSENTIAL**  
Call 9705 1863 or email [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## RETIREMENT LIVING PRESENTATION

Curious about the options of retirement living? Would you like to know more, without the pressure to commit? Come along to an information session presented by those who are connected with the industry, to give you both an insight and overview of the types of lifestyles available and the issues you need to consider.



**When:** Monday 29<sup>th</sup> of April  
**Where:** Timbarra Community Centre Multipurpose Room  
**Time:** 1.30pm

For further details and to book your spot, please call 9704 863 or email [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Clothes Swap

Do you have some clothes that you no longer need that are of good quality? Would you like the option of swapping your items for other quality pre-loved garments?

Join us for our first clothes swap on Friday 19<sup>th</sup> of April 2024.

More details coming soon.





# HEALTH & WELLBEING (2)

## Exordium Health

Both circuit training & boxing classes. Suitable for all fitness levels including over 50's, those with health conditions or new to exercise. All fitness equipment provided, except mats.



### Days & Times

Tuesdays 9.30am to 10.30am  
Fridays – 9.30am to 10.30am

**Where** – Timbarra Community Hall

**Cost** - \$14 per session or \$10 concession

**Info** – Lorraine 0425 748 644 or email - [info@exordiumhealth.org](mailto:info@exordiumhealth.org)

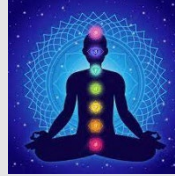
Bring own mat, water bottle and wear comfortable clothing.

## YOGA with Nick

Looking for Yoga sessions. Whether you have done it before or would like to give it a try, Nick offers two classes a week and all are welcome.

### Days & Times -

Mondays – 9.45-11am  
Saturdays – 8.30-9.45am



**Where** – Timbarra Community Room

Bring own mat, water bottle and wear comfortable clothing.

## Walking Group

Would you like to go for a weekly walk with others? Take part in a bit of friendly conversation? Pace yourself according to your own abilities?



Come and join our walking group on a Friday morning followed by a light morning tea and a chat. All welcome.

**When** – Fridays

**Where** – Meet in Timbarra Community foyer.

**Time** – 10am – 11.30am (approx.)

**Info** – Centre at 9704 1863 or email- [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Cheyenne On Queue Line Dancing

Get fit and have fun while you step out to the music.

**When** – Mondays

**Where** – Timbarra Community Hall

**Time** – 9.30am-12.30pm and/or 6.30-9.30pm

**Info** – Darren 0435 507 307 or check out [www.cheyenneonqueue.com.au](http://www.cheyenneonqueue.com.au)



## Square Dance Club

Come give Square Dancing a try. We offer two daytime classes on a Wednesday.



**When** – Wednesdays

**Where** – Timbarra Community Hall

**Time** – Learners/Beginners 1pm-2.15pm  
Experienced Mainstream 2.15-3.45pm

**Cost** – Beginners \$5 Experienced \$10

**Info** – Tony – 0408 340 990

**Email:** [bowring@bigpond.net.au](mailto:bowring@bigpond.net.au)

## NSYNC Dance Academy

Afternoon & evening dance classes for children and adults. Hip Hop, Jazz, Classical and Tap. Acrobatics for Children.



**Days & Times** – Tuesdays – 4.30-8.30pm & Wednesdays 4.15-9.00pm

**Where** – Timbarra Community Hall

**Info** – Lauryn on 0422 860 457

**Email** – [nsyncdanceacademy@gmail.com](mailto:nsyncdanceacademy@gmail.com)

**Web:** [www.nsyncdanceacademy.com](http://www.nsyncdanceacademy.com)

## Seated Movement Sessions (Chair Dancing)

Would you like to try exercising from the comfort of a chair? Join us for some seated movement sessions where we will use fun and uplifting songs and different styles and eras of music. All ages and abilities welcome.



**When** – Monday's

**Where** – Timbarra Community Room

**Time** – 10.15am - 11.00am

**Cost** - \$8 per session

**Info** – Centre at 9704 1863 or email- [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Reiki with Debbie

Reiki is a Japanese therapy that aims to increase energy levels and promote relaxation and wellbeing. It is applied through non-invasive, non-manipulative gentle touch and can contribute to your wellbeing by helping you feel relaxed, peaceful and more energetic.



For further information or to book an appointment please call **Debbie** on 0409 369 276

## Kadampa Meditation



Take time for yourself as you join Kadampa for some evening meditation.

**When** – Thursdays

**Where** – Timbarra Multipurpose Room

**Time** – 7pm – 8.30pm

**Info** – Kate on 03-9756 7203 or **Email:** [info@kadampa.org.au](mailto:info@kadampa.org.au)

## Narrative Therapist Defining Stories

Narrative therapy is for anyone carrying the heavy burden of a Problem story. Some of our life stories and lived experiences become dominant or LOUD, and some of these dominant stories can be problematic and have negative effects on our lives. Effects we are no longer okay with!

Once we have untangled the problem stories, we begin to re-author your life stories. Allow Nicole to help you become aware of yourself as a storyteller, to challenge the problem stories, and to tell your stories in ways that align with what you value.

**When** – Fridays

**Where** – Timbarra Meeting Room

**Time** – 10am – 6.30pm

**Info** – Nicole – 0413 544 482

**Email:** [nicole@definingstories.com.au](mailto:nicole@definingstories.com.au)

**Web:** [www.definingstories.com.au](http://www.definingstories.com.au)

## Community Garden & Seed Library



Weekly garden group meets every Thursday at our Berwick Community Garden located between the Timbarra Community Centre and the Timbarra Hall. All welcome to tend to the garden, share some tips, enjoy each other's company and a cuppa afterwards.

**When:** Thursdays during school terms

**Time:** 9.30am – 11.30 am

**Info:** Centre on 9704 1863

**Email:** [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

**Bring:** Garden gloves

**All welcome. No experience necessary.**



# SHARED INTEREST GROUPS <sup>(3)</sup>

## Neighbourhood Knitters Chat & Yarn Group



We provide the wool, you provide the "Yarn". Especially for those that love to knit and crochet and would like to meet other like-minded people. Enjoy knitting in an informal, relaxed atmosphere, with a focus on time to be donated to charities.

**When** – Thursdays

**Where** – Timbarra Multipurpose Room

**Time** – 10am – 12pm

**Info** – Timbarra centre 9704 1863 or email: [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Sewing Machine & Computerised Machine Embroidery Group

Come along and have some fun with your machines, whether a plain sewing machine or an embroidery machine – all sewers welcome

**When** – 3<sup>rd</sup> Thursday of the month

**Where** – Timbarra Community Hall

**Time** – 10am to 3pm

**Info** – Lyn Dickson 0407 472 960



*Don't forget to bring your machines*

## Craft Classes with Elizabeth

Do you enjoy craft making? Would you like to make some new friends? Join us to discover the joy of craft and have a chat with like-minded people. You will be introduced to a range of craft techniques through a new project each week. All materials are included though you may wish to bring your own scissors, glue stick and double sided tape.



**BOOKINGS ESSENTIAL**

**Days & Times**

**Tuesdays** – 10am-12pm (23 April – 18 June) 9

Weeks - **FULLY BOOKED**

**Thursdays** – 12.30pm-2.30pm (2 May – 20 June) – 8 Weeks

**Where** – Timbarra Multipurpose Room

**Cost:** \$5 per class – all materials supplied

**Info/Bookings** – Centre 9704 1863

**Email:** [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## CWA (Country Women's Association)

The CWA meet on the 1<sup>st</sup> Monday of the Month.



**Where:** Timbarra Community Room

**Time:** 7pm-9pm

**Info:** Kate – 0435 863 054

**Email:** [azzo71@yahoo.com.au](mailto:azzo71@yahoo.com.au)

## Chikushinkai Iaido & Jodo

Interested in learning more about the Martial Arts of Iaido and Jodo?



**When** – Saturdays

**Where** – Timbarra Hall

**Time** – 8.30am – 12pm

**Info** – Marcus 0407 558 211

**Email** – [marcus@chikushinkai.com.au](mailto:marcus@chikushinkai.com.au)

## Sri Lankan Theatre Group

This group provides an opportunity for Sri Lankan children, youth and adults to share cultural values and express themselves via theatre while sharing their culture with the wider Australian Community.



**When** – Friday evenings

**Where** – Timbarra Hall

**Time:** 6 pm – 9.30pm

**Info** – Timbarra centre 9704 1863 or

**email:** [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Berwick Toy Library

Over 400 toys for pre-school ages, including large toys. Borrow new toys every fortnight to keep your children stimulated and entertained.

**When** – Saturday mornings



**FORTNIGHTLY**

**Where** – Timbarra Multipurpose Room, Timbarra Way, Berwick

**Time:** 8am – 11am

**Cost:** \$55 per year per family membership

**Info** – Ashlea – 0402 929 385

**email:** [berwicktoylibrary@gmail.com](mailto:berwicktoylibrary@gmail.com)

## Jaanz Singing School

Interested in singing lessons? Join Nikita from Jaanz Singing school.



**Days & Times** –

**Mondays** – 5pm-8.00pm

**Wednesdays** – 4.30pm-6.30pm

**Thursdays** – 5pm-8.30pm

**Where** – Meeting Room at 112 High Street, Berwick

**Info** – Nikita - 0424994956

**Email** – [nikitaraj625@gmail.com](mailto:nikitaraj625@gmail.com)

## Sapphire Spirituality

Women's circles are intimate gatherings where women come together to seek sage council, set goals, dream, share, and play confidentially and safely among other women. All women are welcome to join the group and won't be forced to share or overstep their own boundaries. It's a safe place to listen, learn and if you wish, share, and participate.

**When** – Saturdays

**Where** – Timbarra Community Room

**Time** – 3.30pm – 5.30 pm

**Info** – Lily – 0422 836 617

**Email** – [lilyvess@gmail.com](mailto:lilyvess@gmail.com)

## OM:NI (Older Men New Ideas)

Discussion group for older men with new ideas!



**When** – 3<sup>RD</sup> Friday of the month

**Where** – Timbarra Multipurpose Room

**Time** – 9.00am-12.00pm

**Info** – John Deutch – 0431 844 833

**Email** – johnnybill1947@hotmail.com

## Ladies with HATitude

Looking for a fun Group for women ages 40 plus who want some sunshine & colour in their lives? The **RED** Hatters are coming! The **Red Hat Society** is the largest international women's social club, whose focus is on living life to the fullest, having fun and not "acting your age", and your local "Ladies with **HATitude**" will be holding regular meetings at the Timbarra Neighbourhood Centre, starting in February 2024.



**When** – **Wed 1 May** and **Sat 4 May 2024**

**Where** – Timbarra Community Room

**Time** – 11.00am – 2pm (Wed) & 1-4pm (Sat)

**Info** – Robyn Wright

0447657976

**Email** – [ladieswithhatitude@mail.com](mailto:ladieswithhatitude@mail.com)

## Book Swap

Bring a book, swap a book.



**When** – Mondays

**Where** – Timbarra Multipurpose Room

**Time** – 1pm – 2pm

**Info** – 9704 1863

**Email** – [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)

## Women's Group



Bring your craft, bring your latest read, or just bring yourself. Pop in for a chat. See what is happening at the centre. Have a cuppa and relax for a moment or two.

**Where:** Timbarra Community Centre Community Room

**When:** Mondays from 12.30pm – 2pm

All welcome.

## Coming Soon – Digital Art Classes

Contact the centre for more details on 9704 1863  
Or email [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)





# FAMILY, YOUTH & CHILDREN'S SERVICES <sup>(4)</sup>

## 3-Year-Old Play & Grow Sessions

Looking for pre-kinder type sessions for your child that is run during school terms only. Our program is run in accordance with the Early Years Learning & Development Frameworks by qualified educators in a caring & supportive environment. Childcare Subsidy is available if you qualify.

**When** – Monday to Thursdays  
**Where** – High St Venue, 112 High St, Berwick  
**Time** – 9.15am – 2.15pm  
**Info** – Kerry 03-9796 1970  
**Email** – [childrenservices@berwicknc.com.au](mailto:childrenservices@berwicknc.com.au)



Children must turn 3 years old before the end of April in the year they enrol. Small classes in a lovely community setting with consistent, friendly educators.

## Childcare at High Street

We offer permanent bookings for your children aged 15 months to 4 years at our centre during school terms only. A choice of either 3 hour or 5-hour sessions with our nurturing diploma qualified educators. Our childcare program is run in accordance with the Early Years Learning & Development Frameworks Childcare Subsidy is available if you qualify.

**When** – Monday to Thursdays  
**Where** – High St Venue, 112 High St, Berwick  
**Time** – 9.00am – 12pm or 2.15pm  
**Info** – Kerry 03-9796 1970  
**Email** – [childrenservices@berwicknc.com.au](mailto:childrenservices@berwicknc.com.au)

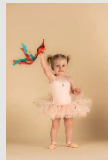


Small classes in a lovely community setting with consistent, friendly educators.

## Kinder Dance

Dance classes aimed at 3–5-year-olds that cover fun songs they all know. We will be exploring jazz, ballet, and basic movement dancing with the use of props such as instruments, shakers, teddies & materials. All 3–5-year-olds with all abilities welcome.

**When** – Monday's  
**Where** – Timbarra Community Hall  
**Time** – 9.30-10.00am  
**Cost** - \$10 per session  
**Info** – Timbarra Centre at 9704 1863  
**Email**- [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)



## First Time Parents Group

First time parents from around Casey come together to discuss a range of parenting topics, held mornings or afternoons, once a week for 4 weeks. Groups are run face to face, with an online group as an alternative option for those unable to attend in person.

**Days & Times:**  
**Wednesdays – 1pm – 4pm**  
**Where** – Timbarra Multipurpose Room  
**Info** – Your Maternal Child Health Nurse (MCH) or 9705 5590

## PLAYGROUPS AT TIMBARRA



Are you looking for a playgroup for you and your child/ren where you can socialise with other parents/carers/children while your child learns through play?

Our playgroups are run by an experienced facilitator in an excellent, well-equipped venue, with a secure, enclosed playground. All equipment is provided.

**TERM 2 - Starting 16 April 2024 - 11 weeks - \$88 for the term**

## Playgroup Ages 15 months – 3 years

**Days & Times:** Tuesdays 9.30am - 11.30am  
Thursdays 9.30am - 11.30am

**Where:** Timbarra Community Room  
**Cost** – Paid per Term depending on total weeks in term.  
**Info** – Leah 03-9704 1863  
**Email** – [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)  
**Bookings essential as numbers are limited.**

## Playgroup Ages 12 weeks – 15 months "Babies Natter & Chatter"

**Days & Times:** Tuesdays 12.30pm - 2.00pm  
Thursdays 12.30pm - 2.00pm

**Where:** Timbarra Community Room  
**Cost** – Paid per Term depending on total weeks in term.  
**Info** – Leah 03-9704 1863  
**Email** – [admin@berwicknc.com.au](mailto:admin@berwicknc.com.au)  
**Bookings essential as numbers are limited.**

## Vita Speech

We offer a range of individual & group therapy services for children, teens and young adults. We can help with early communication skills for late talkers (1–3-year-olds), social/friendship skills for primary school, teens & young adults & school readiness for pre-schoolers.

**Where** – Timbarra Community Room  
**Days & Times:**  
Fridays – 12.30-2.30pm  
Saturdays – 10.15am-12.45pm  
**Info** – 9707 5033  
**Email** -[visaspeechpathology@gmail.com](mailto:visaspeechpathology@gmail.com)



## MY TIME

For parents and carers with a child with a disability, chronic medical condition, or other additional needs including developmental delays. Unwind and share experiences with others who understand. Activities for both yourself & your child on the day.

**When** – Every 2<sup>nd</sup> Friday during term time  
**Where** – Timbarra Multipurpose Room  
**Time** – 9.30am-12.00pm  
**Info** – Bibi Azizi 0466 106 201  
**Email** -[bibia@mytimevic.com.au](mailto:bibia@mytimevic.com.au)







# ACTIVITIES FOR THE MATURE ADULT <sup>(5)</sup>

## BERWICK ACTIVITIES CLUB

### Carpet Bowls

A great way to meet new friends, have fun and keep fit.



**When:**

Tuesdays

**Time:** 1.00pm – 3.30pm

**Where:**

Timbarra Hall

**Info:** Bruce – 0447 554 475

**Email:** brucehenry6@bigpond.com

## BERWICK ACTIVITIES CLUB

### Social Group

A social and friendship group offering games, cards, activities and excursions with others of a similar age.



**When:** Wednesdays

**Time:** 9.30am – 12.30pm

**Where:** Timbarra Hall

**Info:** Bruce – 0447 554 475

**Email:** brucehenry6@bigpond.com

## BERWICK ACTIVITIES CLUB

### Dance Group

Do you enjoy dancing? Come join the club and have fun with others who love to dance.



**When:**

Thursday

Evenings

**Time:**

6.30pm –

9.30pm

**Where:**

Timbarra Hall

**Info:** Bruce – 0447 554 475

**Email:** brucehenry6@bigpond.com



# SUPPORT GROUPS

## GROW SUPPORT GROUP

# GROW

mental wellbeing programs

### Mental Wellbeing Programs

**GROW** provides friendly help for those of us suffering from emotional distress, depression, or other effects of stress. Members share their own experiences & copying strategies to help one another.

**GROW** is anonymous, confidential, open to all and free.

**When** – Wednesdays

**Time:** 10am – 12pm

**Where:** Timbarra Multipurpose Room

**Info:** GROW 9528 2977

**Web:** [www.grow.net.au](http://www.grow.net.au)

## SUNLIGHT OF THE SPIRIT GROUP

### Alcoholics Anonymous

Sunlight of the Spirit is an open meeting of Alcoholics Anonymous. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Join us for our weekly meeting where we study from the Big Book of Alcoholics Anonymous and share our experiences, strength and hope for each other. Everyone is welcome, especially newcomers.

**When:** Tuesdays

**Time:** 7.30pm – 8.30pm

**Where:** Timbarra Multipurpose Room

**Info:** Sean – 0425 707 480

**Email:** [sunlightofthespiritaa@gmail.com](mailto:sunlightofthespiritaa@gmail.com)

**Web:** [www.sunlightofthespiritaa.org.au](http://www.sunlightofthespiritaa.org.au)



# MINISTRY

## ANCHOR BAPTIST CHURCH

**When:** Sundays 9.30am – 12.30pm  
Sundays 5.30pm - 7.30pm

**Where:** Timbarra Hall

**Info:** Rija or Celeste 0404 924 506

**Email:** [abrellceleste@gmail.com](mailto:abrellceleste@gmail.com)

## LIVE IN TRUTH MINISTRY

**When:** Saturdays 1pm – 4.30pm  
Sundays 12.30pm – 5pm

**Where:** Timbarra Hall

**Info:** Theresa or Viane – 0481 968 411

**Email:** [theresa.moimoi@gmail.com](mailto:theresa.moimoi@gmail.com)



# Berwick Neighbourhood Centre Community Garden<sup>(6)</sup>

## What's happening in the garden in Term 2, 2024?

### Our Community Garden is ready and waiting for you.

Regardless of your gardening experience, the community garden is a place to meet, to share and to learn. Meet new people from the community as we come together through regular Garden groups, workshops and tending to our raised garden beds.

Located between the Timbarra Community Centre and Timbarra Hall, come and check out this vibrant welcoming environment. Designed to accommodate all ages, stages and abilities the Community Garden will provide the opportunity:

- \* to successfully grow nutritious food via tending to individual or community raised garden beds.
- \* learn what to do with harvested produce via food preparation opportunities in the Timbarra Hall kitchen.
- \* see the benefits of sustainable living via workshops and activities.
- \* meet other locals and experience the benefits to your wellbeing of being in the garden.

\* For more information call Kim on 9704 1863 or email: [manager@berwicknc.com.au](mailto:manager@berwicknc.com.au)



## Garden Workshops & Garden Groups

### Weekly Garden Group

The group meets every **Thursday** to share garden tips, tend to the community garden, enjoy each other's company and a well-deserved cuppa. Don't forget your garden gloves. No garden experience necessary. Everyone is welcome.

Rest assured, if you need a little respite from the weather be it too warm or cold, we can still gather in the comfort of a room in our centre.

**Date:** Thursdays during the school term

**Time:** 9.30-11.30am

**Venue:** Berwick Community Garden located **between** the **Timbarra Community Centre** and the **Timbarra Hall**.



### Saturday Morning Garden Groups This Term

For those garden goers who are unable to make a weekday, we do have a Saturday session once a month. This term, they will take place on:

**Saturday 4<sup>th</sup> May 2024 - 8.30am to 10.00am**

**Saturday 1<sup>st</sup> June 2024 - 8.30am to 10.00am**

In extreme weather Garden sessions outdoors will be replaced with planning and gathering together to share ideas indoors. If unsure, please contact Kim at [manager@berwicknc.com.au](mailto:manager@berwicknc.com.au) for confirmation of Garden operation times.



## **\*\*HALL & ROOM HIRE OPPORTUNITIES\*\***

### **Multipurpose Room – Timbarra Community Centre**

Lovely room with small kitchenette and enclosed outdoor area. Suitable for up to 40 people.

### **Community Room – Timbarra Community Centre**

A decent sized room suitable for up to about 40 people with access to full kitchen and substantial enclosed outdoor area.

### **Meeting rooms–Timbarra Community Centre & High Street**

Suitable for 10-15 people. Timbarra Meeting Room includes a small kitchenette in the room. High St has access to a kitchen.

### **Timbarra Community Hall – Timbarra Community Centre**

The Timbarra Community Hall is available for hire on Saturday evenings between 5pm and 12am for birthdays, engagements, Weddings and any other special Celebration you may wish to Celebrate. The Hall can comfortably cater for 100 people. Good Commercial kitchen, heating and air-conditioning.

- HALL BOOKINGS ARE ESSENTIAL.
- APPLICATIONS ARE REVIEWED EACH WEDNESDAY.
- NO BOOKING WILL BE ACCEPTED LESS THAN 14 BUSINESS DAY'S BEFORE THE EVENT DATE.
- HALL HIRE IS NOT AVAILABLE DURING SCHOOL HOLIDAY'S

For Bookings or further information on any of these hire opportunities please call 9704 1863 or email Admin@berwicknc.com.au



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Mention the Berwick & Timbarra Community Centres for a special offer on your marketing package.

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A supporter card for Brad Battin MP, Liberal State Member of Parliament. The card features a blue background on the left with contact information and a photo of Brad Battin on the right. The text includes "PROUDLY SUPPORTING BERWICK NEIGHBOURHOOD HOUSE" and various social media and contact details. A hashtag "#BATTINFORBERWICK" is also present.

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